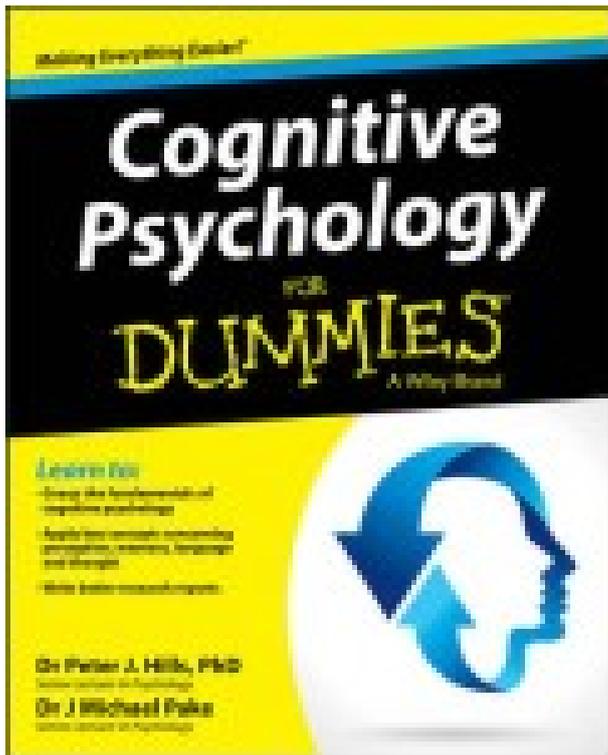


# Cognitive Psychology For Dummies



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Demystify the core concepts of cognitive psychology Written specifically for psychology students and not other academics - Cognitive Psychology For Dummies is an accessible and entertaining introduction to the field. Unlike the dense and jargon-laden content found in most psychology textbooks, this practical guide provides readers with easy-to-understand explanations of the fundamental elements of cognitive psychology so that they are able obtain a firm grasp of the material. Cognitive Psychology For Dummies follows the structure of a typical university course, which makes it the perfect supplement for students in need of a clear and enjoyable overview of the topic. The complexities of a field that explores internal mental processes including the study of how people perceive, remember, think, speak, and solve problems can be overwhelming for first-year psychology students. This practical resource cuts through the academic-speak to provide a clear understanding of the most important elements of cognitive psychology.

\* Obtain a practical understanding of the core concepts of cognitive psychology \* Supplement required course reading with clear and easy-to-understand overviews \* Gain confidence in your ability to apply your knowledge of cognitive psychology \* Prepare for upcoming exams or topic discussions Cognitive Psychology For Dummies is the perfect resource for psychology students who need a clear and readable overview of the core concepts of cognitive psychology.

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